

# Last Breath

Facebook: [www.facebook.com/LastBreathUK](http://www.facebook.com/LastBreathUK)

Websites: <https://lastbreathuk.weebly.com/>

<https://www.aspiremusicmanagement.co.uk/jamesandtomparkinson.html>

## ***Biography***

### ***Starting out ...***

Last Breath started out in 2003 when brothers James and Tom and 2 friends in high school in Blackpool, started jamming covers and then playing the occasional gig. James and Tom then started song-writing and since 2007 the band became predominantly an originals band with a couple of covers in their live set.

### ***Winners ...***

Fast forward to the start of 2011 when the band joined Aspire Music Management, and went from strength to strength including winning 1st prize at the North West Battle of the Bands (run by Lancashire Council), and then the RNLI Secret Sessions Competition which resulted in them supporting Benjamin Francis Leftwich with their Acoustic set. They released their first EP/mini-album titled 24/7

### ***Celebrity Video ...***

The following year they released their debut official music video for their self-penned song "Under Her Control" with special guest actors Hayley Tamaddon (Coronation St, Dancing On Ice, Emmerdale) and Daniel Brocklebank (Coronation Street, Shakespeare in Love, Eastenders, Merlin), filmed on location at the stunning Carr Hall Castle on the outskirts of Halifax, West Yorkshire. The video caught the attention of several top music channels including Kerrang!TV and NME. The second music video was for their song "The Weekend". Both videos got a lot of attention with their cheeky comedic storylines.

### ***Supporting Gary Barlow ...***

On August 30th 2013 Last Breath had the honour of being invited to support Gary Barlow and Eliza Doolittle at the world-famous Blackpool Illuminations Switch-On event, hosted by Jonathon Ross, where they were the only unsigned band performing that night. Last Breath played a 30 minute set just before the headliners, and left the audience wanting more! They even featured on the TV news that evening, and were invited to play an acoustic session in-store at HMV following the success of their performance.

### ***Four become Five ...***

During 2014 the band had a line-up change and became a five piece and subsequent gigs have included the International Pop Overthrow Festival playing both stages of the world famous Cavern Club and the Cavern Pub in Liverpool, an event which they have been invited back to play every year since.

### ***Heads Or Tails ...***

Much of 2015 was spent writing and recording their eagerly anticipated debut album.

The official launch of the album was hosted by HMV Blackpool on Saturday 12th September

2015, when the CD of "Heads Or Tails" was released and the band performed a live set as well as a meet and greet and autograph signing. The digital version of the album was also released in all the major digital stores such as iTunes on the same day. The band released their third official music video to coincide with the album release, featuring "Walk Away" from the album and shot on location on the Fylde Coast.

### ***Here & Now ...***

Last Breath are now a 4 piece rock band again with Daniel Capper back on Bass Guitar, alongside James and Tom, and their Spanish drummer Pako.

James & Tom also play in an acoustic duo, The Beat Bros which features Last Breath songs and a wide range of covers to play in every venue imaginable. This has now become a full time job for the brothers, and enjoying making a living from music.

James & Tom Parkinson are the writers for all Last Breath/The Beat Bros material and their songs are published by Melanie Perrett Music Publishing.

### ***New Ventures...***

The Beat Bros is a spin-off of the band Last Breath. Brothers James & Tom have always been the original members and writers of the music. Sometimes the band were unable to play all at the same time so instead of missing out on live shows, James & Tom would simply arrange their songs acoustically. This has now taken its own journey and they have added a cajon/percussion player.

James has also started a business called Reincarnated Guitars as a luthier, making custom built guitars and modifying or customising guitars.